



# ADELAIDE MEDICAL STUDENTS' FOUNDATION

benevolence | integrity | vision

## 2015 Annual Report



# THE AMSF Introduction

The Adelaide Medical Students' Foundation is a not-for-profit charity run by current students and past graduates of the Adelaide Medical School. Founded in 2009, the Foundation has three core values guiding its work: Benevolence, Integrity and Vision.

The Foundation exists to serve and support students at Adelaide Medical School in their studies and endeavours to advance their professional and personal development.

During the 2014-2015 Financial Year, the Foundation grew its assets by 6.5%, which was attributed to returns on investments, the annual AMSS contribution as well as donations from past graduates.

We invite you to review our continued progress over the past year.

## Governance

We thank the members of the 2015 Board for their collective efforts. In particular, we wish to thank Emeritus Professor Derek Frewin, who stepped down as Patron Director of the AMSF at the end of 2015. We also wish to thank Ms Nicola Claudius and Ms Annie Hebenstreit, who have reached the end of their respective terms.

Congratulations and welcome to the AMSF Board for 2016:

- Professor Randall Faull (Patron Director)
- Associate Professor Helen Marshall (Graduate Director)
- Dr Michael Higgs (Graduate Director)
- Dr Sean Jolly (Graduate Director)
- Ms Caitlyn Sun (Student Director)
- Ms Momina Allahwala (Student Director)
- Ms Anna Grosse (AMSS Executive Director)
- Mr Ben Ielasi (Financial Director)

# Graduate Advisory Committee

We thank the members of the 2015 Graduate Advisory Committee for their efforts, in particular Dr Thomas Crowhurst and Dr Kristen Crowhurst, Co-Chairs of the 2015 Graduate Advisory Committee. We also welcome Dr Chris Harry, Chair of the 2016 Graduate Advisory Committee.

## Working Party

We thank the 2015 Working Party Executive for their dedication and hard work and welcome the 2016 Working Party Executive.

### 2015 Working Party Executive:

Ms Momina Allahwala (Chair)  
Ms Olivia Sallis (Secretary)  
Ms Victoria Langton (Sponsorship Officer)  
Ms Maya Todd (Marketing Officer)  
Mr Stefan Court-Kowalski (Scholarship Officer)

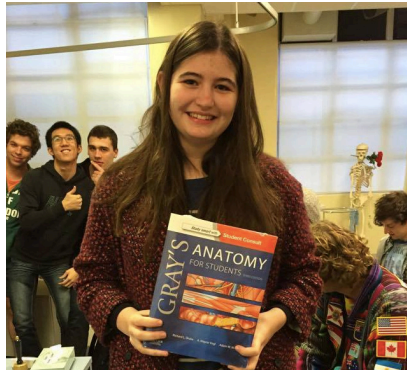
### 2016 Working Party Executive:

Mr Stefan Court-Kowalski (Chair)  
Mr Ian Tan (Secretary)  
Mr Stephen Bacchi (Sponsorship Officer)  
Mr John Snow (Marketing Officer)  
Ms Arrhchanah Balachandran (Scholarship Officer)



# First Year Prizes

The AMSF was able to give out textbook prizes provided by Elsevier and stethoscope provided by Surgical and Medical Supplies. These prizes were given to first year students, during O'Week and MedCamp.



# 2015 Awards

## AMSF Recognition Award

The AMSF Recognition Award, presented at MedBall every year, recognises students who have made exemplary efforts outside the sphere of academic study. In 2015, eight nominations were received for the AMSF Recognition Award.

The 2015 recipient was Xi (Cicy) Li, a final year medical student who has been passionate about global, public and Indigenous health throughout her degree. This year she set up the Indigenous Health Committee, recruiting many who are inspired in caring for Australian Indigenous people to make a difference.

## Intern Teaching Awards

The AMSF Intern Teaching Awards are student-nominated awards that recognise interns who have made outstanding contributions to medical students' learning. In 2015, a record 56 nominations were received across the four main teaching sites in Adelaide. The four recipients were presented with their awards at the MBBS end-of-year Declaration ceremony. The 2015 awardees were:

- Dr Mable Quek (Modbury Hospital)
- Dr Jarin Herson (Queen Elizabeth Hospital)
- Dr Dylan Barnett (Royal Adelaide Hospital)
- Dr Bodie Rodman, (Lyell McEwin Hospital)

Congratulations to the recipients and all of the interns nominated!



# 2015 Awards

## Travel Scholarships

These scholarships, worth \$1000, provide funds for senior medical students who travel for overseas medical electives. The Travel Scholarship recipients who undertook their placements in 2015 were:

Louise Fraser  
Nathan Lam  
Kathryn Grocke

Louise undertook a placement in Paediatrics at Addenbrooke's Hospital.

Nathan travelled to the Hadassah Medical Centre at the Eim Kerem Hospital where he spent his time in the Haematology Department.

Kathryn Grocke spent her time in London where she completed a varied elective, spending time with the Refugee and Homelessness Unit and the Vulnerable Person Healthcare Health Inclusion Team.

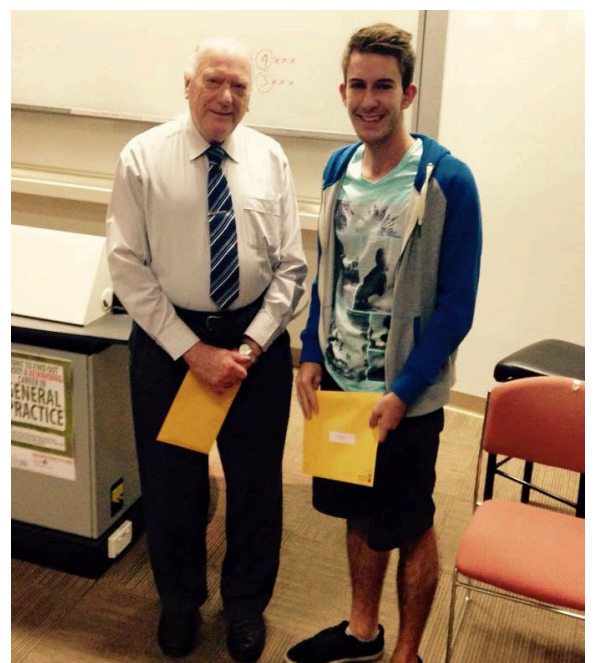
The 2015 scholarship recipients who will complete their electives in 2016 are:

Kate Duncan  
Catherine Hilditch  
Rebecca Dickenson  
Graduates of '64 Travel Scholarship:  
Matthew Borg

## Dr Kildea Prize

Introduced in 2014, this prize is named after Dr Hugh Kildea, the former Clinical Skills Coordinator of the Adelaide Medical School. Responsible for revolutionising this programme, Dr Kildea placed great emphasis on clinical reasoning, and this prize is awarded to a medical student who has achieved excellence in First and Second Year Clinical Skills.

In 2015, this prize was awarded to Jarrad Hopkins.



# Fourth Year Halfway Dinner

For the first time in 2015, the AMSF was involved with the Fourth Year Halfway Dinner, held at the halfway mark of students' MBBS studies. Representatives from the Foundation gave a short speech and each attendee was gifted an AMSF-branded retractable ID badge to mark this occasion. These ID badges have proven very popular and are seen frequently being used by students around the hospitals.



## MedTutes

### MedTutes Medical Education Skills Development Day

On August 1st the Foundation had the pleasure of supporting this inaugural event. This event was open to all Medical Students from both the University of Adelaide and Flinders University, and provided its attendees with a unique opportunity to hear from a number of expert speakers, including:

- Dr Andrew Linn – 'Teaching 101: How To Plan a Teaching Session'
- Dr Josephine Thomas – 'Giving and Receiving Feedback'
- Associate Professor Peter Devitt – 'Methodology of Writing Questions'
- Miss Tijana Gajic and Miss Sophia Thompkins – 'Year 6 SCAP Experience'
- Dr Hugh Kildea – 'Clinical Skills Teaching'
- Emeritus Professor Anne Tonkin – 'Producing Effective Presentations'
- Dr Adam Nelson – 'Small Group Peer Teaching'

The event itself was a great success, and we look forward to supporting more diverse events for students in the future.



# THE AMSF Benevolent Fund

The Benevolent Fund was established in 2012 and seeks to provide financial support to medical students. The fund has two streams; a Financial Assistance stream, to assist students in financial need; and a Personal and Community Development Stream, to financially support medical students who seek to engage in activities aimed at personal or community development. During the calendar year of 2015, the Foundation provided financial assistance to four students. Kayla Foord received funding from the Benevolent Fund and completed her project in South Africa in January 2015.

## An Excerpt from Kayla Foord's Report - 'My Africa'

I volunteered in a community just outside a small town called Chintsa on the south-east coast of South Africa. I was working with a group of 15 other volunteers, and we were extending and putting a roof on a local crèche and building a vegetable garden. As a medical student, I took an active interest in health care wherever possible, which included accompanying our tour leader when he took some of the children with impetigo to the "local" doctor. This was a half an hour drive to another town, since a doctor only visits the community once or twice a week. When he returned from an emergency at the hospital, he gave the child an injection of antibiotics as well as cream all from the pharmacy at the clinic which was all the resources he had access to. The lack of availability of people and equipment was obvious, but so was the dedication and level of care of this doctor.

Working in the community was an indescribable experience. The positivity and joy in the face of such poverty was both inspiring and humbling. We managed to complete all our desired tasks as well as spending a couple of days deworming and washing dogs and having a sports afternoon on the beach (in which the kids dramatically out-shone us...).

I am so grateful for the opportunity I had to go on this trip. It truly has changed my life in ways I didn't imagine, and has inspired me to not only go on overseas electives in sixth year but made me seriously consider rural GP as a career path. Thank you to the AMSF Benevolent Fund for your financial assistance, I look forward to the future adventures and opportunities South Africa has inspired me to undertake.



# Support Us

The Foundation requires financial contributions to grow to reach its exciting potential. You can help foster the growth of current and future University of Adelaide medical students by making a once-off or recurring tax-deductible donation. We gratefully receive financial donations of any size.

Donations are used to fund student scholarships, bursaries and prizes and will be put towards the long-term AMSF goal of helping to fund large infrastructure projects, such as a dedicated medicine library for students. Donations can be made at: <http://amsfoundation.org.au/donate>.

The AMSF wishes to thank our donors in 2015:

Professor Randall Faull  
Associate Professor Helen Marshall  
Dr Thomas Crowhurst  
Dr Adam Nelson  
Dr Mee Y Ling  
Mr Joshua Calleja

## Stay in Touch

For more information about the Adelaide Medical Students' Foundation, please visit our website, <http://amsfoundation.org.au>.

To receive ongoing information about the Foundation's activities and initiatives, please sign up by completing a 'Graduate interest Form' available on our website. All graduates are also welcome to attend meetings of our Graduate Advisory Committee.

Updates are also available via Facebook by 'liking' our Facebook page, <http://www.facebook.com/amsfoundation>.

If you have any further questions about how to get involved with the Foundation, ways in which you can contribute or if you have any ideas for future Foundation projects to support medical students, please email our secretary at: [secretary@amsfoundation.com.au](mailto:secretary@amsfoundation.com.au).



# Contact Us

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